ALTERNATIVE MEDICINE
1. INTRODUCING AND DISCUSSING THE MAIN LEXICAL UNITS
1) What is the Russian equivalent of the expression “alternative medicine”?
2) What is the opposite to it (English, Russian)?
3) What methods of alternative/conventional medicine do you know?

*Discuss ex. 4 p. 40 (home assessment)*
2) Working at the text “Qigong” (home assessment)
1) Practicing new vocabulary: explain new words and expressions from the text in English (using distributed cards)
   • Ailment
   • Alleviate
   • Meditative exercise
   • Immune system
   • Acupuncture
   • Vigorous
   • Deficient
   • Endorse
   • obesity
2) Answer the questions:
   • What causes illnesses and psychological problems according to Chinese beliefs?
   • How can Qigong help cope with them?
   • Which diseases can Qigong fight off?
   • Do people from western countries now believe Qigong to be really helpful?
   • What are the reasons why western doctors and patients now are starting to trust different alternative methods?

3) Checking ex. 2, 3, 5, 6 p. 40 (home assessment)
3) Listening to the text “Believe it or not”
1) Answer the questions before listening:
   - Do you believe in witch doctors?
   - Have you ever heard any stories of miraculous recoveries?
2) Introducing new vocabulary:
   - A wheel-chair
   - A hut
   - Mud
3) Answer the questions after listening:
   - What was wrong with the story-teller?
   - Where did she go?
   - What was her way to the witch doctor?
   - What did the treatment include?
   - Do you believe she was really cured?
4) Final discussion in pairs: pros and cons of alternative/conventional methods of treatment
The sources used for the lesson:
1) Total English Upper Intermediate, Student’s Book